

Attendee Registration

Organization: _____

Name: _____

Complete Mailing Address: _____

Phone: _____

Email: _____

Conference Cost: **\$55.00**

- Includes full day conference
- Buffet Lunch

____ Scholarship (No charge/attach voucher)

ALL OTHERS please pay by check *or*
purchase order.

____ Check enclosed payable to:

Area Agency on Aging

____ Purchase Order # _____

REGISTER and SUBMIT form with payment
by July 16, 2010:

Area Agency on Aging

124 New 6th Street

Lewiston, ID 83501

208-743-5580

Space is limited, REGISTER EARLY!

Featured Speaker

KAY TOOMBS, PhD,

Dr. Kay Toombs is Emeritus Associate Professor of Philosophy at Baylor University, Texas. International lecturer and author of numerous books and articles, she combines her training in philosophy with her experience of living with neurological disease in reflecting on issues related to the experience of illness and disability, the care of the chronically ill, the relationship between health care professionals and patients, and the meaning of healing.

The Caring Endeavor: Promoting Wholeness and Integrity in the Face of Illness – Healing is not the same thing as curing disease. Healing involves restoring or preserving a sense of wholeness and personal integrity in the face of the disturbances that are a part of illness. I shall suggest ways in which caregivers can be a catalyst for the healing process. Although healing is a personal achievement, it is not a solitary endeavor. If one is to be healed, one needs the love and support of others at every step of the way.

Embracing Vulnerability: The Healing Context of Christian Community: As a person living with incurable illness, I have thought a lot about the ways in which our contemporary culture deepens the experience of vulnerability and increases the suffering of the incurably ill. I shall suggest that authentic Christian community provides an alternative cultural context and framework of meaning in which it is possible both to embrace one's own vulnerability and also to respond positively to the vulnerability of others

Vicki Rackner, MD is a former surgeon who now helps patients, their loved ones and

their health care providers get on the same page. She's regularly quoted in national publications such as *The Wall Street Journal*, *USA Today*, *The Washington Post*, *Reader's Digest*, and *Woman's Day* and has been featured on NPR and on *Martha Stewart Living*.

7 North Star Ideas for Approaching Someone in Pain. When it comes right down to it, the biggest challenge of caregiving for family members and professional alike may well be the question of how to be in the presence of someone in pain. Whether it's physical or emotional pain, what do you say and what can you do when you cannot fix things?

Rhett Diessner, PhD, is Professor of Psychology at Lewis-Clark State College; he earned his doctorate in human development from Harvard, and his masters in educational psychology from the University of Oregon.

Intimate Beauty in Caring Relations: I will share my vision practice of caregiving, which has been informed by both my academic knowledge of relevant psychological theory and research, and also by my lifetime involvement in the Bahá'í faith community. I will focus on the process of recognizing the beauty of our intimate others', and our own, virtues and character strengths, based on the research in Positive Psychology. I will draw upon my personal experience with my adult son who has a rare connective tissue disorder, which causes intense chronic pain (Ehler Danlos Syndrome).

Agenda

8:30 Registration, Sternwheel Room

9:00 Welcome & Introductions

9:15 Keynote: Kay Toombs, PhD
THE CARING ENDEAVOR: Promoting
Wholeness and Integrity in the Face of
Illness

10:15 Break

10:30-11:30 - Vicki Rackner, MD
7 NORTH STAR IDEAS for Approaching
Someone in Pain

11:45 BUFFET LUNCH

1:00 - Rhett Diessner, PhD
INTIMATE BEAUTY IN CARING RELATIONS

2:00 - Kay Toombs, PhD
EMBRACING VULNERABILITY: The Healing
Context of Christian Community

3:00 Break

3:15 Roundtable Discussion: All

3:45 Pick Up Certificates

4:00 Conference Closes

Quality Inn & Suites and Conference Center, Sternwheel Room

700 Port Dr., Clarkston, WA, US, 99403

Travel west on US Highway 12; take the 5th
Street exit and proceed north 3 blocks to the
Quality Inn & Suites and Conference Center.

Additional Information is available at:
<http://www.qualityinnclarkston.com/>

This conference is supported in
partnership with:

- ❖ ProjectACCESS
- ❖ Aging and Long Term Care of
Southeast Washington
- ❖ Tri-State Memorial Hospital
Home Health & Hospice
- ❖ Alzheimer's Association

Community Action Partnership
North-central Idaho Area
Agency on Aging
124 New 6th Street
Lewiston, Idaho 83501

☎(Local): 208-743-5580

☎(Toll free): 800-877-3206

☎ Fax: 208-298-0985

*A Confluence of Care
presents*

Joy in the Journey

with
Dr. Kay Toombs



**Promoting Wholeness and Integrity
in the Face of Chronic Illness**

AUGUST 3, 2010

Quality Inn & Suites and Conf Center
COMMUNITY ACTION PARTNERSHIP

NORTH CENTRAL IDAHO
AREA AGENCY ON AGING

Conference Location: